

## Drinking Water

About 90% of people in the U.S. get their water from a community water system.





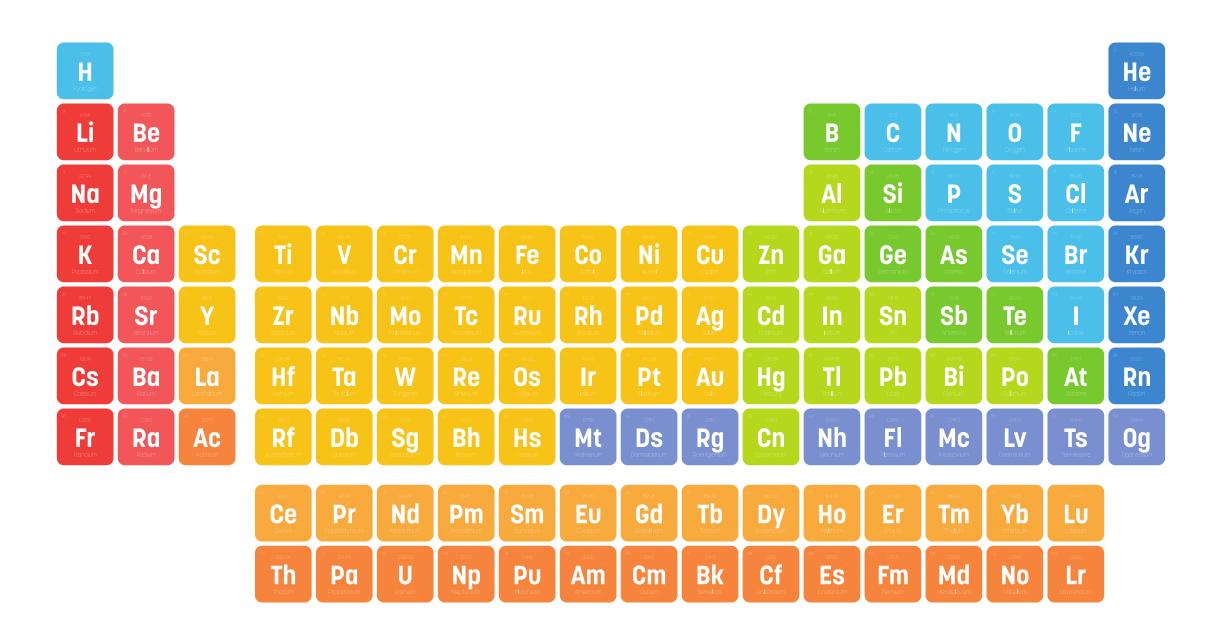
Children drink
more water per
kilogram of
body weight
than adults.



#### Sources of Water Contamination

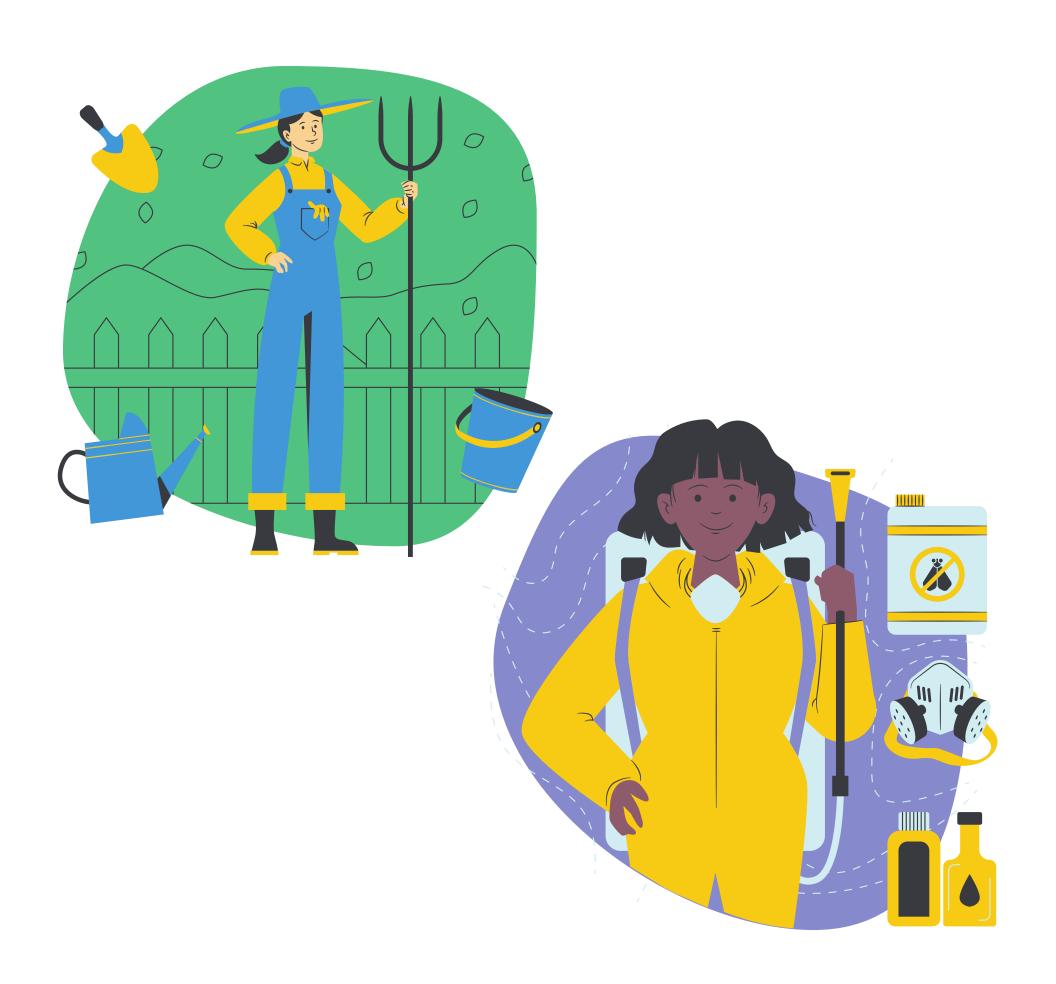


## Naturally-occurring elements & minerals



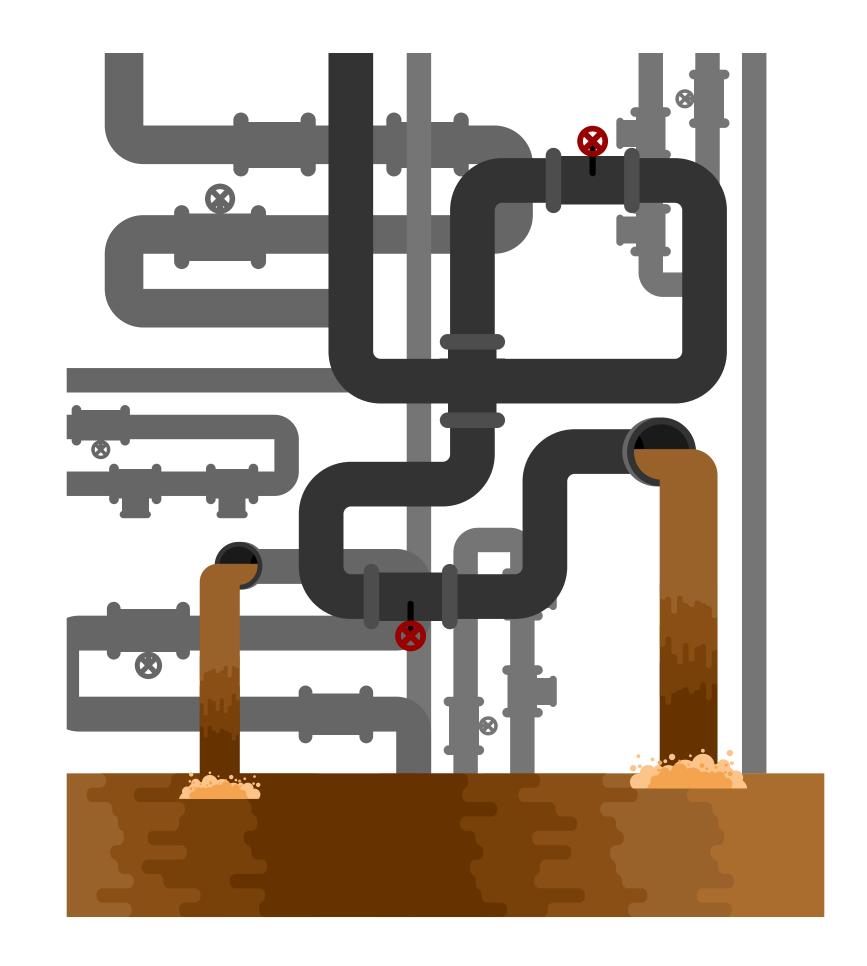
## Old Plumbing

## Fertilizers & Pesticides





## Sewer Overflows



## Malfunctioning Wastewater Treatment Systems



## Natural Disasters



#### Common Water Contaminants



### Lead

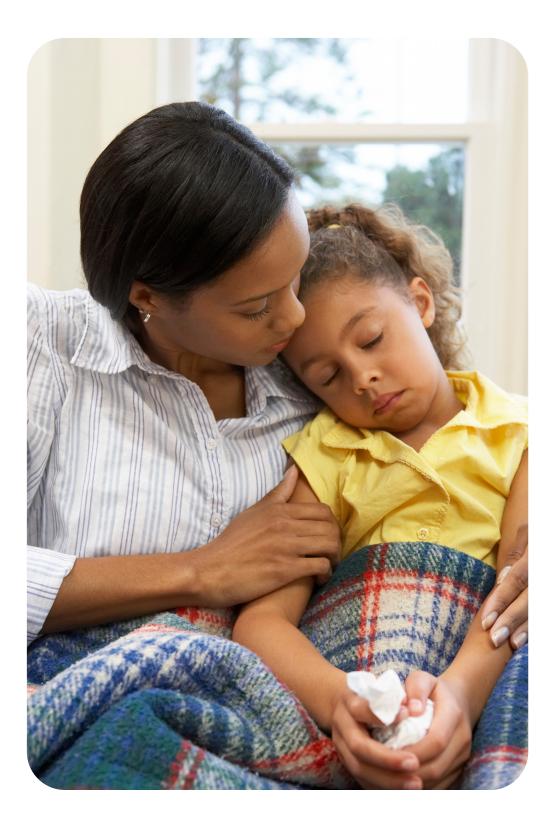


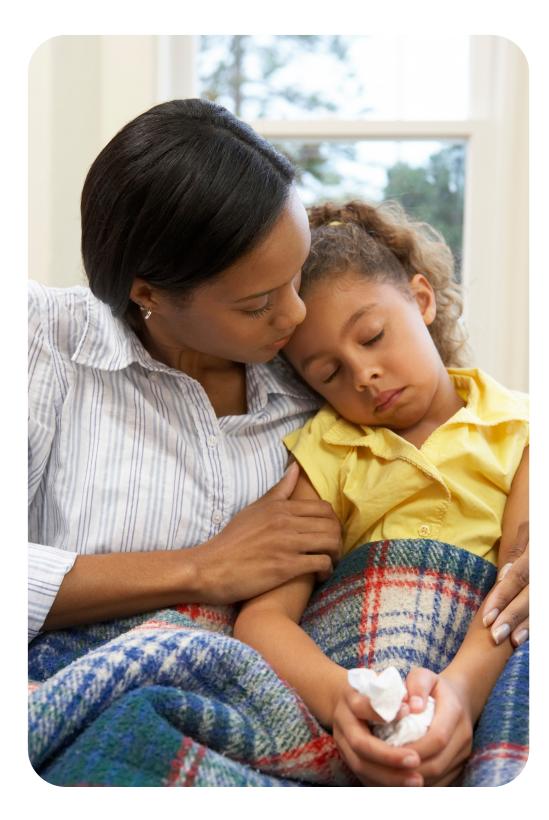


#### Arsenic

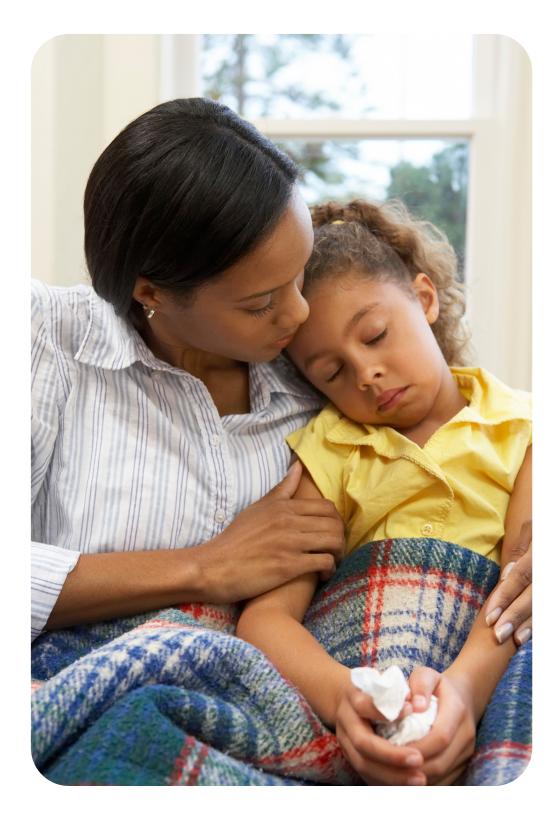






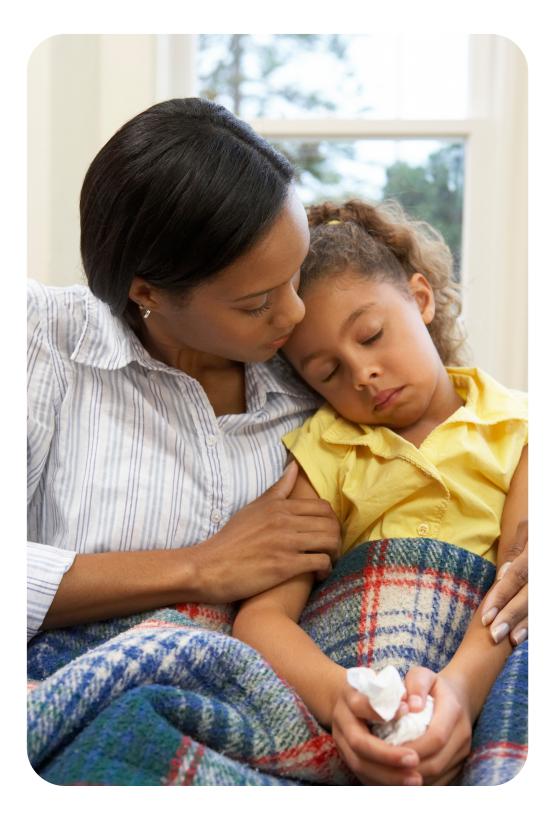


**Abdominal Pain** 



**Abdominal Pain** 

Vomiting



**Abdominal Pain** 

Vomiting

Diarrhea





**Skin Cancer** 



**Skin Cancer** 

**Bladder Cancer** 



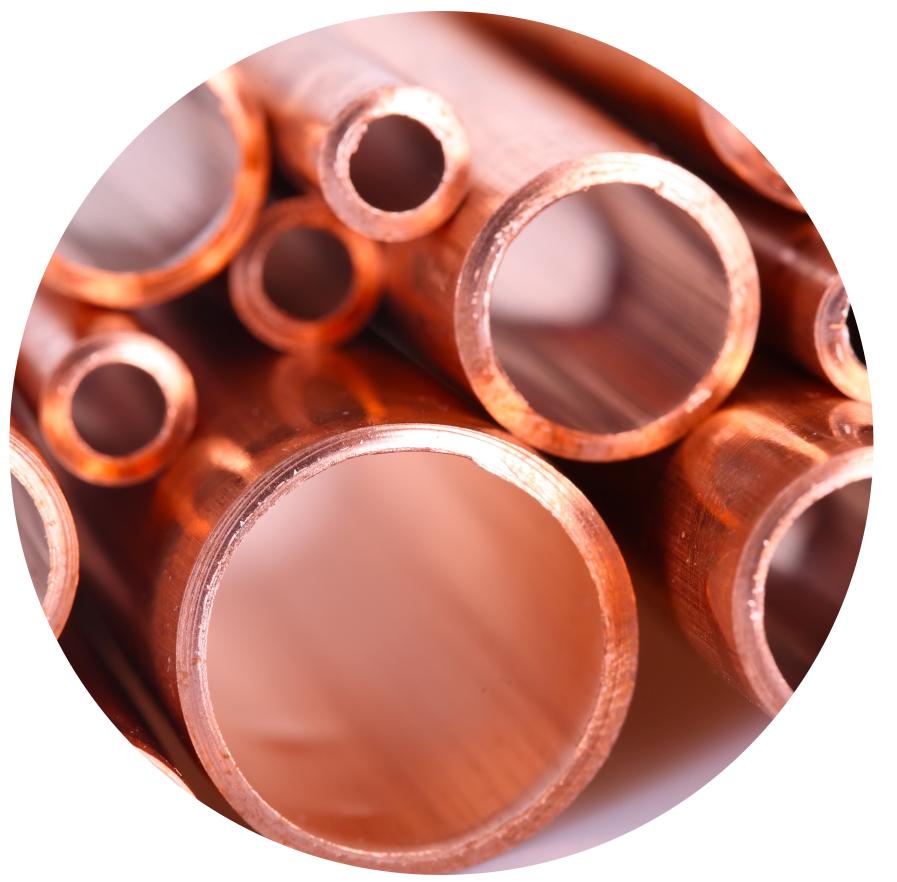
**Skin Cancer** 

**Bladder Cancer** 

**Lung Cancer** 

## Copper









Nausea



Nausea

Vomiting



Nausea

Vomiting

Diarrhea





Liver Damage



Liver Damage

**Kidney Damage** 

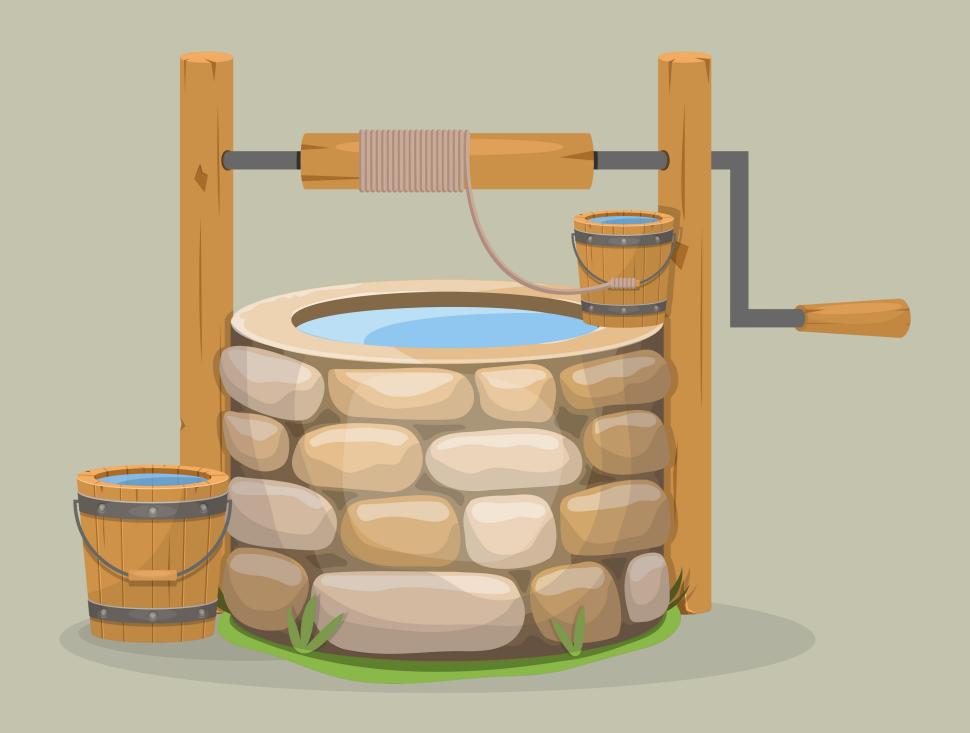


Liver Damage

**Kidney Damage** 

Death

## Testing Your Water



Contact a certified laboratory in your state or call your local health department.



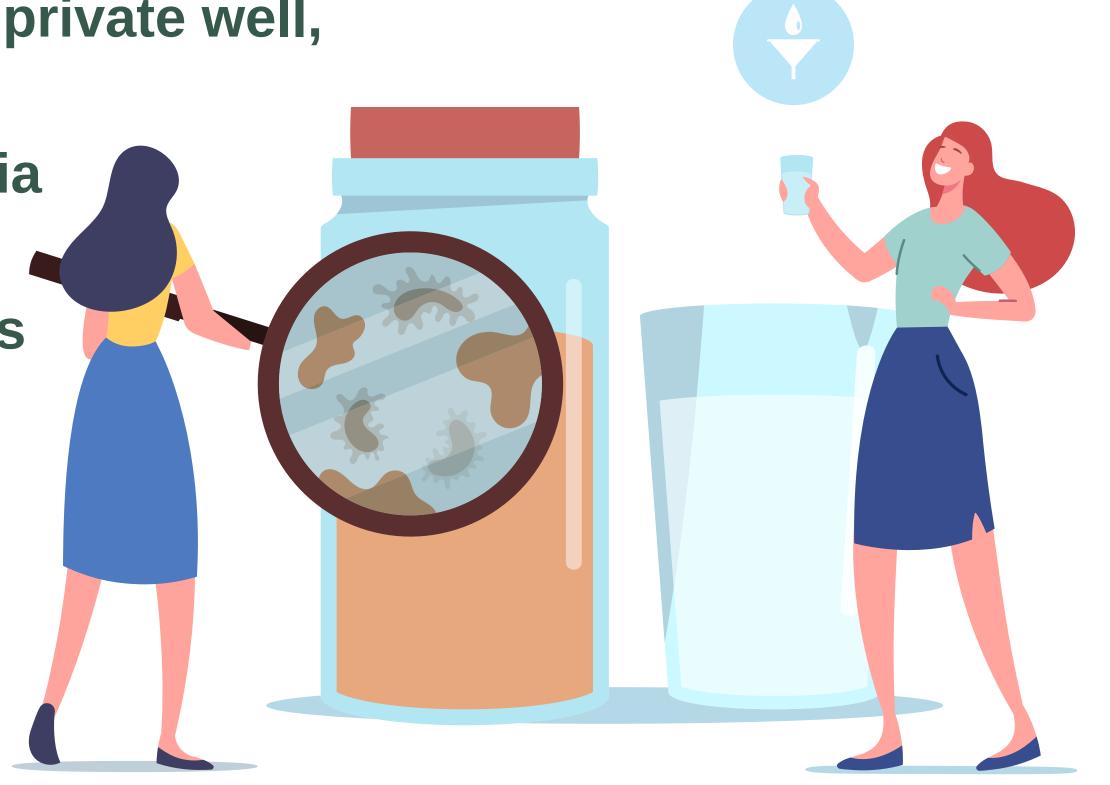


• Total coliform bacteria

Nitrates

• Total dissolved solids

pH levels



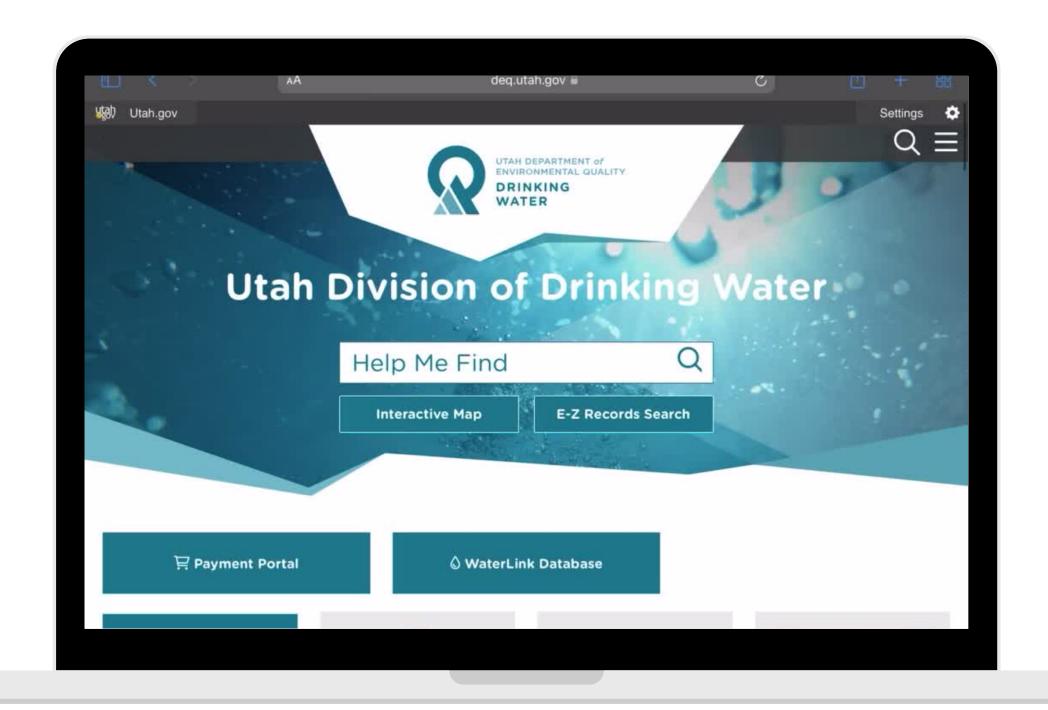
Childcare providers that use private wells should test more frequently.



#### Protect Your Water



#### Be Informed





https://deq.utah.gov/division-drinking-water

#### Be Observant



#### Be Involved



# Prevent Water Contamination



## Thank You!



Contact Us: APPLETREE@utah.gov (801) 538-6191

#### Resources



**Utah APPLETREE Program: Choose Safe Places**appletree.at.utah.gov/utah-choose-safe-places/about-ut-choose-safe-places/



**Utah Environmental Public Health Tracking: Drinking Water** epht.health.utah.gov/epht-view/topic/DrinkingWater.html



**Utah Department of Environmental Quality: Division of Water Quality** deq.utah.gov/division-water-quality



Children's Environmental Health Network: Fact Sheets cehn.org/our-work/eco-healthy-child-care/ehcc-factsheets/